



President's Message

March is almost over and Spring is here. With Spring comes new energy and hope. I hope that life is treating you all well, and that you have the energy to accomplish the tasks that you want to.

I am inspired to hear of activity from the local chapters throughout the state. We now have 2006 officers for each of our eight chapters. Upcoming on April 8th is a meeting with the local chapter treasurers and presidents to help come together to meet common goals.

Terrie, Larry and I attended the State Leaders Conference in Austin, Texas on Feb. 23rd. We networked with our National Leaders and attorney, where we learned information and ideas to help us be of support to you.

I believe the Indiana State Council is continuing to 'kick it up a notch'. We are just around the corner from our first State ENA symposium, we are continuing to provide

TNCC and ENPC to growing areas within the state, and have an instructor course scheduled to support these efforts.

I have received a few Needs Assessments back, and am delighted to tell you that many of the requested topics we were able to include in the June 14th symposium. Please continue to send these to me as you think of things.

Please join us at the

New and Renewing CENs in Indiana:

The following people passed or renewed their CEN the last quarter of 2005

- Meredith Addison
- Linda Bertinasco
- Patricia Biery
- Susan Bradford
- Tracy Deno-Buechlein
- David Head
- Melissa Hockaday
- Annette Malston
- Mary McAdams
- Tessa Oren
- Vicki Phelps
- John Retzliff
- Helen Sandford
- Julie Settles
- Mari Wasilewski
- Maureen Woodcox

Please help us in congratulating each one of them. Well Done!



Annette Chard
President Indiana ENA 2006

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Dedication of the “Joanne Wilson Center of Hope”

On March 15th, 2006 at St. Vincent’s Hospital in Indianapolis, there was a gathering of the Emergency Department staff and other interested parties for the Center of Hope dedication. Joanne, an Emergency nurse and ENA member, had been instrumental in helping to establish the Centers of Hope Rape Trauma Centers in Indianapolis with then Prosecutor Scott Newman and Linda Murphy RN.



Pictured above: Left to Right... Caroline Fisher, St Francis CoH; Holly Renz, Madison County SATC; Agnes Purdie, St Vincent’s CoH; Rebecca Navarro, Wishard CoH; Paula Reiss, Riley CoH with Mr. Navarro (babe in arms); Pam Jahnke, Community Health Network CoH; and Anne McCallister-Mills, Riley CoH.

morning around New Year’s Day. Joanne served as an inspiration to the ED staff at St Vincent’s. She was the ED manager and stepped down to staff nurse to have more time for her family while continuing to coordinate the Center at her facility.

Five of the 6 current Center of Hope Coordinators from other hospital facilities were present at the dedication together with St. Vincent’s Emergency Department staff, members of Joanne’s family and other SANEs and interested parties.

Joanne’s life was tragically cut short by a drunk driver as she was going to work one

The Quarterly Report

Let’s welcome our new members from the 1st quarter of 2006! Our state membership is now 622!!!!

Christina Crank	Dupont	Bobbie Bazier	Terre Haute
Tamara Skelton	Scottsburg	Tammy Evans	Terre Haute
Janice Baele	Indianapolis	Miranda Hay	Sullivan
Wilma Burchett	Anderson	Michelle Ritchey	Terre Haute
Catherine Clark	Lafayette	Jama Cox	Bedford
Mary Key	Brownsburg	Teresa Czaplinski	Fountaintown
Elizabeth Leising	Indianapolis	Diana Kaiser	Elberfeld
Tracy McCorquodale	Carmel	Sue Koop	Fort Wayne
Susan Mowery	Avon	Linda Caymon	Indianapolis
Heather Prochnow	Brownsburg	Tracy Mitchel-Miller	Nappanee
Susan Tyler	Indianapolis	Melissa Northrup	Middleburg
Andrea Howard	Evansville	Gayle Porter	Gaston
Alison Moore	Evansville	Cherrie Schmidt	Evansville
Beth Drotar	Valparaiso	Robert Sego	Chesterton
Paula Krooswyk	Demotte	Dan Sipkosky	Griffith
James Morris	Munster	Cathleen Smith	Elwood
Ronald Westafer	Bourbon	Kimberly Travis	Fishers
		Kathleen Turco	Goshen

Application Process for 2006 Indiana ENA General Assembly Delegates to National ENA in San Antonio, Texas

Delegate Qualifications:

- Delegates must have a current active membership in ENA.
- Qualified candidates should attend 50% of their local chapter meetings since the previous General Assembly.
- Candidates should have served in an elected or appointed position of the local, state, or national level during the past three years.
- Participation in at least one of the following activities related to Emergency Nursing since the previous General Assembly:
 - A. Lecturer (other than that which is required to perform nursing role)
 - B. Projects (public education, legislative involvement, chapter projects)
 - C. Research in Emergency Nursing
 - D. Publication on topic(s) related to emergency care.
 - E. CEN certification
- Qualified candidates should have a letter from their chapter president attesting to the qualifications.

Delegate Responsibilities:

All delegates should attend all business sessions and special delegate activities at the General Assembly. Delegates are representatives of their constituents at the business meetings of the association and should seek information on all issues under discussion and act in the best interest of their constituents. Delegates are to report back to their constituents all activities and actions taken regarding voting and discussion by the delegates.

Delegate Selection for the General Assembly in Indiana

Delegate selection in Indiana is done by a lottery method. Every effort is made to choose one delegate per chapter in Indiana. Delegates whose names are submitted and meet the qualifications are entered into a lottery by chapter. One delegate from each chapter is chosen. The names of all candidates who are not chosen are in the second drawing for the remaining delegates. Indiana usually has ten delegates inclusive of all state officers. The number of delegates is based on the number of ENA members in Indiana at the June/July listing.

Applications must be received by May 29, 2006. Send completed applications to

Ruth Slabach
10550 Wilson Rd.
Brownsburg, IN 46112.

2006 Indiana ENA General Assembly Delegate Application

Name _____ Credentials _____

Address _____

City _____ State _____ Zip _____

Phone number _____ Position _____

Employer _____

ENA number _____

Education:

Degree/Major

Institution

Year

Degree/Major	Institution	Year

Please list your qualifications to serve as a Delegate:

Applications must include a letter of recommendation from your local chapter president. Applications must be received by May 29, 2006. Mail completed application to: Ruth Slabach, 10550 Wilson Rd. Brownsburg, IN 46112.



Patty Sandor,
Immediate Past President

Rhabdomyolysis is a potentially life threatening syndrome which literally means striated muscle dissolution or disintegration. As muscle fibers are broken down they are released into the bloodstream. Myoglobin (the oxygen binding protein pigment found in skeletal muscle) is one of those contents. As the blood is filtered through the kidneys, the myoglobin clogs the renal structures, causing acute tubular necrosis and kidney failure.

Risk factors for the development of rhabdomyolysis include: 1) trauma, 2) alcohol abuse, 3) muscle overexertion (marathon running), 4) compression (crush injury), 5) electric shock injury, 6) use or overuse of drugs, especially cocaine, amphetamines, statins, heroin and PCP, 7) heat stroke, and 8)

Patty's Pearls: Rhabdomyolysis

numerous infections, inflammatory processes, and selected metabolic and endocrine disorders.

Look for the following **symptoms**: dark, red or tea-colored urine, tender, weak, stiff or aching muscles, fever, malaise and nausea.

Lab findings will reveal: casts and hemoglobin in the urine, a positive urine and serum myoglobin, a high creatinine kinase (CK) and a very high potassium (the K⁺ spills out from damaged muscle cells).

The **treatment** of rhabdomyolysis calls for early and aggressive hydration to clear the myoglobin from the kidneys. This can be compared to the massive fluid volumes given to a patient with severe burns. Diuretics may help the process and if the urine output is adequate, bicarbonate may be given to keep the pH of the urine alkaline (> 6.5). The bicarb decreases the toxicity of myoglobin to the renal tubules, but use judiciously- it may worsen hy-

pocalcemia. Anticipate hemodialysis to treat kidney failure.

Disseminated intravascular coagulation (DIC) may appear in severe cases by day 3-5 in the treatment phase. Hypercalcemia frequently develops during the recovery phase when the calcium deposited in the injured muscles returns back to the extracellular space.

Early detection and prompt interventions are key to a positive outcome. Rhabdomyolysis is preventable with adequate hydration to keep the urine diluted and the kidneys flushed of myoglobin after any condition that may involve damage to skeletal muscle.

Have a question or a subject you'd like to know more about? E-mail me at psrn@verizon.net and I will try to cover it in a future article!

References are available upon request.

Patty



The GENE course is being presented in four live 2 hour interactive web seminars on April 26, and May 3, 10, and 17.

This course demonstrates improved practices and health care outcomes for older

GENE Course Coming to the Web

adults. 7.8 CECHs are awarded at the completion of the course.

The cost of the course is \$149.00 for ENA members and \$249.00 for non-members.

Registration for this course will be available soon on line. Be sure to register soon if you are interested in being one of the first in line to take the on line course.

You must have a separate phone line and high speed (DSL or cable) internet connection to participate in the GENE Web Seminar series.

Terrie



Teresa Will
President Elect 2006

**ENA...DEFINING THE FUTURE OF EMERGENCY NURSING
AND EMERGENCY CARE THROUGH ADVOCACY,
EXPERTISE, INNOVATION, AND LEADERSHIP.**



**Code News
Indiana State Council Newsletter**

Please feel free to contact the Editor for articles you would like to see in the newsletter

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We are on the web !

Www.indianaena.org

Next Newsletter

Deadline

August 30, 2006

Legislative Update

HB1106

Automatic external defibrillators.

Removes the requirements that a person or entity that acquires a defibrillator ensure that the users have completed certain courses and have enlisted a physician for medical direction. **Passed**

HB1123

Sexual assault standards and certification board.

Creates the sexual assault standards and certification board (board) to certify sexual assault victim advocates. Transfers control of the sexual assault victims account from the state department of health to the board. Repeals the sexual assault victims assistance fund and replaces it with the sexual assault victims account. **Passed**

SB0208

Medical alert on licenses or identification cards.

Provides that if an applicant for a driver's license, a learner's permit, or an identification card submits informa-

tion concerning the applicant's medical condition to the bureau of motor vehicles, the bureau shall include an identifying symbol and a summary of the information on the driver's license, learner's permit, or identification card.

Passed

SB0284

Development of statewide trauma system.

Establishes the state department of health as the lead agency for the development and implementation of a statewide trauma system, and authorizes the state department to adopt rules concerning the trauma system. **Passed**

SB0333

Professional licensing. Increases the amount of money taken from nurses' fees and deposited in the impaired nurses account. Allows the agency to release social security numbers to testing services and state boards and professional organizations. Establishes uniform professional license reinstatement requirements. **Passed**